



BISHOP CREIGHTON ACADEMY

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Bikeability Level 1 & 2 Cycle Training – Years 5 & 6

Dear Parents/Carers

Bikeability is the government's national cycle training programme, aimed at equipping children with the skills and confidence to ride a bicycle.

We are delighted to be able to offer Level 1 & 2 training to all children in Years 5 & 6, delivered by qualified 'Outspoken' trainers. This course is held initially on the school playground before progressing onto roads in our local area. Training will take place daily Monday 2nd - Thursday 5th June.

In order for your child to take part, you will need to complete and return the attached paper consent form by **Monday 3rd February** at the latest. The training is free, with places allocated on a first-come basis. If your child has previously completed Bikeability Level 1 in Year 3/4 they can still take part in this course.

Children need to be able to ride a 2-wheeled bike and require a suitably fitting cycle helmet to take part. The course will continue whatever the weather, so please send your child with warm and waterproof clothing. Children may wear their PE kit (with tracksuit bottoms) to participate in the course.

Your child will need their bicycle and helmet in school each day to ensure they can complete the full course.

Please do not hesitate to speak to me if you have any questions about this cycle training.

Kind regards,

K Baldock

Mrs K Baldock
Interim Head of Academy

