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DATES	Monday Week 3	Tuesday Week 3	Wednesday Week 3	Thursday Week 3	Friday Week 3
Main Meal Choice					
WC 11/11/2019 WC 02/12/2019 WC 09/03/2020 WC 30/03/2020 WC 15/06/2020 WC 06/07/2020	Sausage & Mash  Peas & Sweetcorn, Gravy 	Beef Casserole  New Potatoes Green Beans & Sweetcorn	Roast Chicken Breast Roast Potatoes Carrots & Cauliflower Gravy 	Ham & Tomato Baguette Pizza  Mixed Salad & Coleslaw 	Chicken Goujon Wrap  Oven Baked Dice Potatoes Baked Beans
Vegetarian Choice					
	Vegetarian Sausage & Mash  Peas & Sweetcorn Gravy 	(V) Pasta in a Tomato & Basil Sauce  with Crusty Bread 	Roast Quorn Fillet  Roast Potatoes Carrots & Cauliflower Gravy	(V) Cheese & Tomato Baguette Pizza  Coleslaw 	Quorn Dipper Wrap  Oven baked Dice Potatoes Baked Beans
All Meals are served with either a mixed salad or a selection of daily vegetables.					
	Jacket Potato Cheese (V) 	Jacket Potato Tuna Mayonnaise  Or Baked Beans	Jacket Potato Chicken Mayonnaise 	Jacket Potato Coleslaw or Baked Beans (V) 	Jacket Potato Cheese (V) 
Sandwich Selection					
A selection of sandwiches with various fillings is available daily. Please see separate sandwich menu for Allergen information.					
Dessert Choice		Dessert Choice		Dessert Choice	
Frozen Yoghurts		Corn Flake Tart	Allergens required	Ginger Cake with Orange Frosting	Allergens required
				Chocolate Sponge & Chocolate Sauce	Allergens required
				Fruit Jelly (V)	Allergens required
A selection of Yoghurt  Fresh Fruit and Bread  is available on a daily basis. Custard  is served with desserts as appropriate.					
A selection of Mineral Water, Fruit Juice based drinks & Flavoured Milk  is available on a daily basis.					
Greenwood Academies Trust understands that there are different types of vegetarian diet. Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet. All menu items are subject to availability.					
	 Gluten	 Milk	 Eggs	 Sulphites	 Mustard
				 Peanuts	 Soya



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	Allergen Symbols Key	 Fish	 Lupin	 Crustaceans	 Molluscs	 Nuts	 Sesame Oil	 Celery
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