




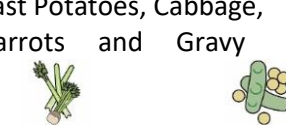
































Greenwood Academies Trust Primary Menu

	Monday Week 1	Tuesday Week 1	Wednesday Week 1	Thursday Week 1	Friday Week 1		
DATES	Main Meal Choice						
WC 29/10/2019 WC 18/11/2019 WC 09/12/2019 WC 24/02/2020 WC 16/03/2020 WC 01/06/2020 WC 22/06/2020 WC 13/07/2020	Chicken in a mild curry sauce  with Steamed Vegetable Rice	Pasta  Mince Beef Bolognese Sauce With Crusty Bread  & Mixed Salad	Roast Turkey  with Stuffing,  Roast Potatoes, Cabbage, Carrots and Gravy 	Sausage Roll  Creamed Potatoes & Garden Peas	Cod Fish Fingers  Potato Wedges Baked Beans		
	Vegetarian Choice						
	(V) Quorn in a mild curry sauce  & Steamed Vegetable Rice	Pasta  With Bolognese Sauce  Crusty Bread 	(V) Roast Quorn Fillet,  Roast Potatoes, Carrots, Cabbage & Gravy 	(V) Vegetarian Sausage Roll  Creamed Potatoes & Garden Peas	Vegetable Fingers  Potato wedges Baked Beans		
	All Meals are served with either a mixed salad or a selection of daily vegetables.						
	Jacket Potato Cheese (V) 	Jacket Potato Tuna Mayonnaise  Or Baked Beans	Jacket Potato Chicken Mayonnaise 	Jacket Potato Coleslaw or Baked Beans (V) 	Jacket Potato Cheese (V) 		
	Sandwich Selection						
	A selection of sandwiches with various fillings is available daily. Please see separate sandwich menu for Allergen information.						
	Dessert Choice	Dessert Choice	Dessert Choice	Dessert Choice	Dessert Choice		
	Summer Fruit Muffins 	Chocolate Cake with Chocolate Frosting 	Banana Sponge With custard 	Apple Flapjack 	Carrot Cake with a Vanilla Frosting Allergens required 		
	A selection of Yoghurt  Fresh Fruit and Bread  is available on a daily basis. Custard  is served with desserts as appropriate.						
	Greenwood Academies Trust understands that there are different types of vegetarian diet. Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet. All menu items are subject to availability.						
	 Gluten	 Milk	 Eggs	 Sulphites	 Mustard	 Peanuts	 Soya

Greenwood Academies Trust Primary Menu

	Allergen Symbols Key	 Fish	 Lupin	 Crustaceans	 Molluscs	 Nuts	 Sesame Oil	 Celery
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