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| | Monday Week 2 | Tuesday Week 2 | Wednesday Week 2 | Thursday Week 2 | Friday Week 2 |
|--|---|--|---|--|--|
| DATES | Main Meal Choice | | | | |
| WC 09/09/2019 WC 30/09/2019 WC 13/01/2020 WC 03/02/2020 WC 27/04/2020 WC 18/05/2020 | Chicken in a Curry Sauce  Steamed Rice And/or Naan Bread  | Shepherd's Pie  Broccoli, Sweetcorn, Gravy  | Roast Beef Yorkshire Pudding   Roast Potatoes, Cabbage Carrots & Gravy  | Pork Sausages  in a Hot Dog Roll  Baked Beans | Minced Beef in Bolognese Sauce  With Pasta,  Crusty Bread & Mixed Salad  |
| | Vegetarian Choice | | | | |
| | (V) Quorn pieces in a Curry Sauce   With Steamed Rice &/or Naan Bread | (V) Macaroni Cheese   Crusty Bread, | (V) Roast Quorn Fillet,  Roast Potatoes, Carrots, Cabbage, Gravy | (V) Vegetarian Sausage  in a Hot Dog Roll  Baked Beans | (V) Minced Quorn Bolognese Sauce  With Pasta,  Crusty Bread & Mixed Salad |



GREENWOOD ACADEMIES TRUST

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|---|--|--|--|--|--|--|--|
| |  |  | Mixed Salad & Coleslaw  |  | |  | |
| All Meals are served with either a mixed salad or a selection of daily vegetables. | | | | | | | |
| | Jacket Potato Cheese (V)  | Jacket Potato Tuna Mayonnaise  Or Baked Beans | Jacket Potato Chicken Mayonnaise  | Jacket Potato Coleslaw or Baked Beans (V)  | Jacket Potato Cheese (V)  | | |
| A selection of sandwiches with various fillings is available daily. Please see separate sandwich menu for Allergen information. | | | | | | | |
| Dessert Choice | | Dessert Choice | | Dessert Choice | | Dessert Choice | |
| Ginger Bread Shape  |  | Syrup Sponge with Custard  |  | Lemon Drizzle Cake  |  | Fromage Frais  | Jam Sponge & Custard  |
| A selection of Yoghurt  Fresh Fruit and Bread  is available on a daily basis. Custard  is served with desserts as appropriate. | | | | | | | |






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Greenwood Academies Trust understands that there are different types of vegetarian diet. Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet.

All menu items are subject to availability.

| | | | | | | | |
|-------------------------------|---|---|--|--|--|---|---|
| <h2>Allergen Symbols Key</h2> |  Gluten |  Milk |  Eggs |  Sulphites |  Mustard |  Peanuts |  Soya |
| |  Fish |  Lupin |  Crustaceans |  Molluscs |  Nuts |  Sesame Oil |  Celery |



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