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	Monday Week 2	Tuesday Week 2	Wednesday Week 2	Thursday Week 2	Friday Week 2
DATES	Main Meal Choice				
WC 10/09/2018 WC 01/10/2018 WC 07/01/2019 WC 28/01/2019 WC 29/04/2019 WC 20/05/2019	Chicken in a Curry Sauce  Steamed Rice And/or Naan Bread 	Shepherd's Pie  Broccoli, Sweetcorn, Gravy 	Roast Beef Yorkshire Pudding   Roast Potatoes, Cabbage Carrots & Gravy 	Pork Sausages  in a Hot Dog Roll  Baked Beans	Minced Beef in Bolognese Sauce  With Pasta,  Crusty Bread & Mixed Salad 
	Vegetarian Choice				
	(V) Quorn pieces in a Curry Sauce   With Steamed Rice &/or Naan Bread	(V) Macaroni Cheese   Crusty Bread,	(V) Roast Quorn Fillet,  Roast Potatoes, Carrots, Cabbage, Gravy	(V) Vegetarian Sausage  in a Hot Dog Roll  Baked Beans	(V) Minced Quorn Bolognese Sauce  With Pasta,  Crusty Bread & Mixed Salad



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			Mixed Salad & Coleslaw 				
All Meals are served with either a mixed salad or a selection of daily vegetables.							
	Jacket Potato Cheese (V) 	Jacket Potato Tuna Mayonnaise  Or Baked Beans	Jacket Potato Chicken Mayonnaise 	Jacket Potato Coleslaw or Baked Beans (V) 	Jacket Potato Cheese (V) 		
A selection of sandwiches with various fillings is available daily. Please see separate sandwich menu for Allergen information.							
Dessert Choice		Dessert Choice		Dessert Choice		Dessert Choice	
Ginger Bread Shape 		Syrup Sponge with Custard 		Lemon Drizzle Cake 		Fromage Frais 	Jam Sponge & Custard 
A selection of Yoghurt  Fresh Fruit and Bread  is available on a daily basis. Custard  is served with desserts as appropriate.							





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Greenwood Academies Trust understands that there are different types of vegetarian diet. Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet.

All menu items are subject to availability.

Allergen Symbols Key	 Gluten	 Milk	 Eggs	 Sulphites	 Mustard	 Peanuts	 Soya
	 Fish	 Lupin	 Crustaceans	 Molluscs	 Nuts	 Sesame Oil	 Celery



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