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	Monday Week 1	Tuesday Week 1	Wednesday Week 1	Thursday Week 1	Friday Week 1
<b>DATES</b>	<i>Main Meal Choice</i>				
WC 03/09/2018 WC 24/09/2018 WC 15/10/2018 WC 31/12/2018 WC 21/01/2019 WC 11/02/2019 WC 22/04/2019 WC 13/05/2019	<p>Chicken in Whole-wheat Pasta </p> <p>With Tomato &amp; Pesto Sauce</p> 	<p>Pork Meatballs </p>  <p>in Tomato &amp; Basil sauce</p> <p>With Steamed Vegetable Rice</p>	<p>Roast Turkey with Stuffing, </p>  <p>Roast Potatoes, Broccoli, Carrots and Gravy</p> 	<p>Meat/Fish Pizza Selection </p>  <p>Mixed Salad &amp; Coleslaw</p>  <p>or Baked Beans</p>	<p>Cod Fish Fingers </p>  <p>Potato Wedges &amp; Garden Peas</p>
	<i>Vegetarian Choice</i>				
	<p>(V) Whole-wheat Pasta </p> <p>With Tomato &amp; Pesto Sauce</p> 	<p>(V) Quorn Meatballs </p>  <p>In Tomato &amp; Basil Sauce</p> <p>Steamed Vegetable Rice</p>	<p>(V) Roast Quorn Fillet, </p>  <p>Roast Potatoes, Carrots, Broccoli Gravy</p> 	<p>(V) Vegetarian Pizza Selection </p> <p>Mixed Salad Coleslaw</p>  <p>or Baked Beans</p>	<p>Veg fingers </p> <p>Potato Wedges &amp; Garden Peas</p>
	<i>All Meals are served with either a mixed salad or a selection of daily vegetables.</i>				
	<p>Jacket Potato Cheese (V) </p>	<p>Jacket Potato Tuna Mayonnaise </p>  <p>Or Baked Beans</p>	<p>Jacket Potato Chicken Mayonnaise </p> 	<p>Jacket Potato Coleslaw or Baked Beans (V) </p> 	<p>Jacket Potato Cheese (V) </p>
	<i>A selection of sandwiches with various fillings is available daily. Please see separate sandwich menu for <b>Allergen</b> information.</i>				
	<i>Dessert Choice</i>	<i>Dessert Choice</i>	<i>Dessert Choice</i>	<i>Dessert Choice</i>	<i>Dessert Choice</i>
	<p>Marble Sponge &amp; Custard </p> 	<p>Caramel Tart with Cream </p> 	<p>Apple Crumble &amp; Custard </p> 	<p>Strawberry Shortbread </p> 	<p>Ice Cream Roll </p> 
	<p>A selection of Yoghurt  Fresh Fruit and Bread  is available on a daily basis. Custard  is served with desserts as appropriate.</p>				
	<p>Greenwood Academies Trust understands that there are different types of vegetarian diet. Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet.</p>				



# Greenwood Academies Trust Primary Menu

	<i>All menu items are subject to availability.</i>							
<i>Allergen Symbols Key</i>	 <i>Gluten</i>	 <i>Milk</i>	 <i>Eggs</i>	 <i>Sulphites</i>	 <i>Mustard</i>	 <i>Peanuts</i>	 <i>Soya</i>	
	 <i>Fish</i>	 <i>Lupin</i>	 <i>Crustaceans</i>	 <i>Molluscs</i>	 <i>Nuts</i>	 <i>Sesame Oil</i>	 <i>Celery</i>	

