




































# Greenwood Academies Trust Primary Menu

DATES	Monday Week 3	Tuesday Week 3	Wednesday Week 3	Thursday Week 3	Friday Week 3		
Main Meal Choice							
WC 12/11/2018 WC 03/12/2018 WC 11/03/2019 WC 01/04/2019 WC 17/06/2019 WC 08/07/2019	Sausage & Mash  Peas & Sweetcorn, Gravy 	Beef Casserole  New Potatoes Green Beans & Sweetcorn	Roast Chicken Breast Roast Potatoes Carrots & Cauliflower Gravy 	Ham & Tomato Baguette Pizza  Mixed Salad & Coleslaw 	Chicken Goujon Wrap  Oven Baked Dice Potatoes Baked Beans		
Vegetarian Choice							
	Vegetarian Sausage & Mash  Peas & Sweetcorn Gravy 	(V) Pasta in a Tomato & Basil Sauce   with Crusty Bread 	Roast Quorn Fillet   Roast Potatoes Carrots & Cauliflower Gravy	(V) Cheese & Tomato Baguette Pizza  Coleslaw 	Quorn Dipper Wrap   Oven baked Dice Potatoes Baked Beans		
All Meals are served with either a mixed salad or a selection of daily vegetables.							
	Jacket Potato Cheese (V) 	Jacket Potato Tuna Mayonnaise  Or Baked Beans	Jacket Potato Chicken Mayonnaise 	Jacket Potato Coleslaw or Baked Beans (V) 	Jacket Potato Cheese (V) 		
Sandwich Selection							
A selection of sandwiches with various fillings is available daily. Please see separate sandwich menu for <b>Allergen</b> information.							
Dessert Choice		Dessert Choice		Dessert Choice			
Frozen Yoghurts 	Corn Flake Tart <b>Allergens required</b>	Ginger Cake with Orange Frosting <b>Allergens required</b>	Chocolate Sponge & Chocolate Sauce <b>Allergens required</b>	Fruit Jelly (V)	<b>Allergens required</b>		
A selection of Yoghurt  Fresh Fruit and Bread  is available on a daily basis. Custard  is served with desserts as appropriate.							
A selection of Mineral Water, Fruit Juice based drinks & Flavoured Milk  is available on a daily basis.							
Greenwood Academies Trust understands that there are different types of vegetarian diet. Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet. All menu items are subject to availability.							
	 Gluten	 Milk	 Eggs	 Sulphites	 Mustard	 Peanuts	 Soya



# Greenwood Academies Trust Primary Menu

	<b>Allergen Symbols Key</b>	 Fish	 Lupin	 Crustaceans	 Molluscs	 Nuts	 Sesame Oil	 Celery
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