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	Monday Week 3	Tuesday Week 3	Wednesday Week 3	Thursday Week 3	Friday Week 3		
DATES	Main Meal Choice						
WC 17/09/2018 WC 08/10/2018 WC 14/01/2019 WC 04/02/2019 WC 06/05/2019	Chicken Pie,  Sweetcorn Creamed Potatoes, and Gravy 	Beef Lasagne,  Garlic Bread  & Mixed Salad	Roast Pork with Apple Sauce,  Roast Potatoes, Sliced Green Beans, Carrots & Gravy 	Minced Beef in Chilli con Carne Sauce   Steamed Vegetable Rice	Breaded Fish Fillet  Jacket Wedges and Garden Peas		
	Vegetarian Choice						
	Cheese Onion Pasty  Sweetcorn Creamed Potatoes, and Gravy 	(V) Vegetable Lasagne,  Garlic Bread  & Mixed Salad	Quorn Sausages  Roast Potatoes, Sliced Green Beans, Carrots & Gravy 	Vegetarian Chilli  Steamed Vegetable Rice	(V) Quorn Dippers  Jacket Wedges and Garden Peas		
	All meals are served with either a mixed salad or a selection of daily vegetables.						
	Jacket Potato Cheese (V) 	Jacket Potato Tuna Mayonnaise  Or Baked Beans	Jacket Potato Chicken Mayonnaise 	Jacket Potato Coleslaw or Baked Beans (V) 	Jacket Potato Cheese (V) 		
	A selection of sandwiches with various fillings is available daily. Please see separate sandwich menu for <b>Allergen</b> information.						
	Dessert Choice	Dessert Choice	Dessert Choice	Dessert Choice	Dessert Choice		
	Summer Fruit Sponge with Custard Sauce 	Cherry Cookie & Flavoured Milk 	Ginger Cake with Orange Frosting 	Eves Pudding with Custard 	Fruit Trifle 		
	A selection of Yoghurt  Fresh Fruit and Bread  is available on a daily basis. Custard  is served with desserts as appropriate.						
	Greenwood Academies Trust understands that there are different types of vegetarian diet. Our menus reflect choices available for Lacto-ovo-vegetarians as this is the most common type of vegetarian diet. All menu items are subject to availability.						
	 Gluten	 Milk	 Eggs	 Sulphites	 Mustard	 Peanuts	 Soya



# Greenwood Academies Trust Primary Menu

	<b>Allergen Symbols Key</b>	 Fish	 Lupin	 Crustaceans	 Molluscs	 Nuts	 Sesame Oil	 Celery
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