



# BISHOP CREIGHTON ACADEMY

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Dear Parent/Carer,

The NSPCC visited our school today and delivered their **Speak out. Stay safe.** assemblies and shared information with your child about how they can keep themselves safe from harm and get help if they have any worries.

It was a very worthwhile and empowering session for both pupils and teachers. They spoke to the children and staff about the valuable work they do across the country and talked about how important it is for everyone in our school community to join them in their 'fight for every childhood'.

But, as a charity, they can only provide these vital resources thanks to the financial support and generosity of their supporters.

### **That's why we're raising money to help the NSPCC's work in schools**

I am delighted to say that our school has chosen to support the valuable work of the NSPCC this term by taking part in a fundraising event and I would really value your support and encouragement.

### **How your children can have fun and make a massive difference**

Our children will be doing a **sponsored workout challenge** at school which will not only be exciting for our pupils but will also mean they're raising money for the NSPCC's vital work and helping keep even more children safe.

Participation is purely voluntary but if you would like to support the NSPCC's work, it would be fantastic if you could give your child permission to take part by signing the sponsor form and return the sponsored event form and money raised to school by **Thursday, 25<sup>th</sup> January**. If you have more than one child in school simply put all your children's names at the top of one form. By taking part in the fundraising event, the children all receive their Buddy Badge. Every penny raised makes a significant difference for children and by supporting the NSPCC, we can work together to end child abuse.

### **Talking about the Underwear Rule with your children**

The NSPCC's work in schools will help encourage conversations about staying safe and they have a number of child-friendly materials to help you carry on the conversation afterwards. That includes 'The Underwear Rule', a simple way for parents to help keep children safe from sexual abuse – without using scary words or even mentioning sex.

The guide uses the rules of PANTS to teach children that their body belongs to them and them alone. With this letter you'll find a card with more details on it, and you can also find out more and download the free resources at [nspcc.org.uk/pants](http://nspcc.org.uk/pants). If you would like to know more about the NSPCC's work, or take a look at the wide range of information and advice which is available for parents and carers, please visit their website [nspcc.org.uk/preventing-abuse/keeping-children-safe/](http://nspcc.org.uk/preventing-abuse/keeping-children-safe/). Thank you.

Yours sincerely,

Mrs Redhead  
Principal

*Part of the Greenwood Dale Foundation Trust Group of Academies*

