

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
YEAR 1						
Physical Education - indoor	Gymnastics: Animals	Dance: Toys (Y2)	Gymnastics: Traditional Tales	Dance: Starry Skies	Yoga: Salute to the Sun	Dance: Seasons
Physical Education - outdoor	Multi-skills: Running and Jumping YDP	Fundamental Skills: Christmas YDP	Multi-skills: Throwing & catching YDP	Multi-skills: Attacking & Defending YDP	Sports Day practice YDP	Multi-skills: Bat and ball skills YDP
YEAR 2						
Physical Education - indoor	Dance: Plants	Dance: The gunpowder plot	Gymnastics: Cities and Landscapes	Dance - 'They danced by the light of the moon'. Construct/perform (Edison)	Swimming	Gymnastics: Under the Sea
Physical Education - outdoor	Multi skills: Throwing and Catching YDP	Multi skills: Bats and Balls YDP	Circuit Training YDP	Invasion Games YDP	Sports Day practice YDP	Invasion Games YDP
YEAR 3						
Physical Education - indoor	Gymnastics: Shape	Swimming	Dance: Extreme Earth	Dance – build a dance based around toy motifs & perform. Link to artwork (Edison)	Gymnastics: Movement	Striking and fielding (outdoor)
Physical Education - outdoor	Invasion games YDP	Invasion games YDP	Outdoor Adventures (OAA) YDP	Athletics YDP	Athletics YDP	Striking and fielding YDP
YEAR 4						
Physical Education - indoor	Gymnastics: Movement	Dance: Romans (Y3)	Swimming	Dance : Carnival of animals	Athletics	Striking and Fielding (outdoor)
Physical Education - outdoor	Tag Rugby YDP	Hockey YDP	Invasion games YDP	Invasion games YDP	Outdoor Adventures (OAA) YDP	Striking and Fielding YDP
YEAR 5						
Physical Education - indoor	Gymnastics: Movement	Dance: WW2	Dance: Water	Swimming	Athletics	Athletics (outdoor)
Physical Education - outdoor	Netball YDP	Basketball YDP	Invasion Games YDP	Invasion Games YDP	OAA YDP	Striking and Fielding: Rounders YDP
YEAR 6						
Physical Education - indoor	Swimming	Dance: Electricity	Gymnastics: Shape and balance	Gymnastics: Movement	Athletics	Swimming
Physical Education - outdoor	Netball YDP	Invasion games YDP	Invasion games YDP	OAA YDP	Athletics YDP	Striking and Fielding YDP

Covid amended sport LTP – 2020/21

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
YEAR 1						
Physical Education - indoor	Gymnastics: Animals	Dance: Toys (Y2)	Remote learning – weekly YDP sessions via Teams	3 weeks Multi skills: Throwing and Catching	Multi-skills: Bat and ball skills	Sports Day practice
Physical Education - outdoor	Multi-skills: Running and Jumping	Fundamental Skills: Christmas				Multi-skills
YEAR 2						
Physical Education - indoor	Dance: Plants	Dance: The gunpowder plot	Remote learning – weekly YDP sessions via Teams	3 weeks Multi skills: Throwing and Catching	Multi-skills: Bat and ball skills	Sports Day practice
Physical Education - outdoor	Multi skills: Throwing and Catching	Multi skills: Bats and Balls				Multi-skills
YEAR 3						
Physical Education - indoor	Gymnastics: Shape	Hockey	Remote learning – weekly YDP sessions via Teams	3 weeks Hockey	Multiskills	Athletics
Physical Education - outdoor	Invasion games	Invasion games			Striking and Fielding: Cricket	Striking and fielding: Rounders
YEAR 4						
Physical Education - indoor	Gymnastics: Movement	Dance: Romans (Y3)	Remote learning – weekly YDP sessions via Teams	3 weeks Invasion games	Multiskills	Athletics
Physical Education - outdoor	Tag Rugby	Hockey			Striking and Fielding: Cricket	Striking and Fielding: Rounders
YEAR 5						
Physical Education - indoor	Gymnastics: Movement	Dance: WW2	Remote learning – weekly YDP sessions via Teams	3 weeks Hockey	Multiskills	Athletics
Physical Education - outdoor	Netball	Basketball			Striking and Fielding: Cricket	Striking and Fielding: Rounders
YEAR 6						
Physical Education - indoor	Invasion games	Dance: Electricity	Remote learning – weekly YDP sessions via Teams	3 weeks Hockey	Multiskills	Athletics
Physical Education - outdoor	Netball	Invasion games			Striking and Fielding: Cricket	Striking and Fielding: Rounders

**Covid amendments – gymnastics adapted to be delivered outside. No swimming. All PE sessions to be taught by YDP.*